

I'm not a robot!

STUDY GUIDE: QUIZ 5

Quiz Preparation Tasks		Your Answers and Notes
10	The Internally Integrated Human Animal	
10.1	The Integrated Human	
	List the names of 10 body systems and the principle role of each in serving the rest of the body.	
	As a student runs up the stairs, which 2 body systems would be most immediate in their support of the muscular system in this activity?	
	As a student runs up the stairs, her _____ system increases heat by providing insulation for its operation to moderate her body temperature.	
10.2	The Muscular System	
	Muscle Structural Organization	
	A muscle is composed of thousands of muscle cells (fibers) bound into groups of 100 or more fibers called _____, each of which is surrounded by _____ tissue or connective tissue.	
	What is the name of a contractile unit of a muscle?	
	Muscle Contraction	
	During muscle contraction, _____ filaments use protein heads to attach sequentially to sites on actin filaments.	
	Control of Contraction: Ions, Gradients, and Membrane Potentials	
	While waiting for a signal to contract, a muscle cell membrane maintains a slightly higher positive charge on the _____ side of the membrane only because _____ pumps are available to generate this difference.	
	Contraction of Cardiac and Smooth Muscle	
	Which of the 2 general types of muscle tissue helps to keep both your blood pressure regulated and your digestive processes effective?	
	Name the actin-binding proteins in smooth muscle and those in skeletal muscle.	
10.3	The Cardiovascular System	
	Blood: A Medium of Exchange	
	What is the most common molecule found in blood?	
	Blood Vessels: The Body's Avenue of Life	
	In which type of vessel does a exchange of oxygen and carbon dioxide and of nutrients and cellular wastes occur quickly?	
	The Heart: The Dynamo of Human Life	
	Systolic blood pressure is the _____ number of a blood pressure reading. It is recorded when the left _____ contracts.	
	Trace the route of blood flow through the human heart.	
10.4	Basic Concepts of Immunology	
	List 3 general lines of defense in the human immune system.	
	Your First Line of Defense	

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